

# Activity 1.1.4 - NIST Updated Password Recommendations

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Class: \_\_\_\_\_

**First, read and/or listen to both resources. These will be used to complete the worksheet questions:**

- READ or LISTEN - <https://www.npr.org/sections/alltechconsidered/2017/08/14/543434808/forget-tough-passwords-new-guidelines-make-it-simple>
- READ - <https://www.itsasap.com/blog/nist-password-guidelines>

A. Why has NIST updated its recommendations for creating secure passwords?

B. List 5 new recommendations made by NIST to create a secure password.

- 1.
- 2.
- 3.
- 4.
- 5.

C. Correctly complete this phrase:

"If you can picture it in \_\_\_\_\_, and \_\_\_\_\_, that's a good password."